

## **MODULE 42 EXPRESSED EMOTION**

### **DETECTING EMOTIONS IN OTHERS**

- Research shows that male-female strangers who gaze into each other's eyes will feel affection towards one another afterwards.
- Experience can sensitize us to particular emotions, as shown by experiments using a series of faces that morph from fear to anger.
- Despite our brain's emotion-detecting skill, we find it difficult to detect deceiving expressions.
- Gestures, facial expressions, and voice tones, which are absent in written communication, convey important information. This can be why text messages are taken the wrong way then intended.

### **GENDER, EMOTION, AND NONVERBAL BEHAVIOR**

- Judith Hall concluded that women generally do surpass men at reading people's emotional cues when given "thin slices" of behavior.
- People seem to assume Women's emotions to their disposition (character) and men's to their circumstances.

### **CULTURE AND EMOTIONAL EXPRESSION**

- Gestures are different across cultures. For instance, the middle finger here is not the same thing in Japan.
- Does emotions cross over various cultures? A smile is a smile around the world. There is no culture where people frown when they are happy.
- Musical expressions also cross cultures.
- Although we share a universal facial language for basic emotions, they differ in how much emotion they express.
- Emotion is biological, cognitive, and social-cultural pushed.

### **THE EFFECTS OF FACIAL EXPRESSIONS**

- William James believed you can fake it until you make it when it comes to emotions.
- **FACIAL FEEDBACK EFFECT** has been repeated many times, in many places, for many basic emotions. This is the tendency of facial muscle states to trigger corresponding feelings such as fear, anger, or happiness. If you are stripped of facial expression, the emotion dies there, unshared.
- **HEALTH PSYCHOLOGY** is a subfield of psychology that provides psychology's contribution to behavioral medicine.

**BE ABLE TO ANSWER:** Who tends to express more emotion – men or women? How do we know the answer to that question?

**PRACTICE FRQ:** Name the phenomenon describing the impact facial expressions can have on our disposition, and give an example.